



## Fine-Motor Development Chart

Age	Developmental Milestone
0-3 months	Hands are often closed Reflexive grasp Holds objects placed in hands Plays with hands
3-4 months	Clasps hands together often Attempts to reach and grasp
4-8 months	Holds small objects Passes objects from one hand to the other Picks up bigger objects Puts objects in mouth Pincer grasp Pulls objects out of containers
9-10 months	Reaches forwards and sideways Uses entire hand to scoop up small objects (raisins, pasta) Drops objects intentionally
10-12 months	Picks things up with pincer grasp (thumb and fingers) Points with index finger Posts objects into holes Drops and picks up toys
1-2 years	Holds crayon with whole hand Stacks large objects Turns pages two or three at a time Scribbles Turns knobs Paints with whole arm movement Self-feeds Holds and drinks from a cup with two hands Brings spoon to mouth

<p>2-3 years</p>	<p>Holds crayon with thumb and fingers</p> <p>Puts on and takes off shorts, socks and shoes</p> <p>Threads large beads</p> <p>Throws a ball</p> <p>Uses one hand consistently in most activities</p> <p>Paints with wrist and not whole arm</p> <p>Can draw and copy a horizontal line</p> <p>Rolls playdough</p> <p>Eats without assistance</p> <p>Cuts paper with scissors</p>
<p>3-4 years</p>	<p>Completes simple puzzles</p> <p>Builds a small tower</p> <p>Dresses / undresses independently (needs help with zips and buttons)</p> <p>Drinks from a cup with one hand</p> <p>Threads small beads</p> <p>Pours water from a light jug into a cup or container</p> <p>Holds crayon with 3 fingers and moves wrist to write and draw</p> <p>Builds and creates with playdough</p> <p>Uses non-dominant hand to assist during actions</p> <p>Can copy a circle</p>
<p>4-5 years</p>	<p>Feeds soup with a spoon with little or no spilling</p> <p>Can copy a square and letters</p> <p>Uses a fork to eat</p> <p>Cuts on a line</p> <p>Writes name</p> <p>Writes numbers 1-5</p> <p>Can fold paper in half and make the edges meet</p>
<p>5-6 years</p>	<p>Cuts out simple shapes</p> <p>Can draw and copy a diagonal line</p> <p>Colours within lines</p> <p>Pastes and glues appropriately</p> <p>Draws basic pictures</p> <p>Copies simple shapes</p> <p>Can do and undo zips and buttons</p>
<p>6-7 years</p>	<p>Cuts out complex shapes</p> <p>Ties shoelaces</p> <p>Forms most letters and numbers correctly</p> <p>Completes complex puzzles</p> <p>Writes on the lines with controlled pencil movement</p> <p>Builds with Lego, Mobilo and other blocks</p>